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Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 51—January 1959

Outpatient Psychiatric Clinic at Menorah Home and Hospital

The Menorah Home and Hospital for Aged and Infirm is a Jewish nonprofit agency at 871 Bushwick Ave., Brooklyn 21, N. Y. But try to imagine almost any program that makes an institution for the aged completely rounded, that provides for a full array of services, and that consciously integrates its services into the rest of the community, and you will probably find it established at Menorah. Future plans will permit further expansion of services to the point where provision will be made for five levels of care: Chronic disease hospital, nursing home, home with centralized services, home services in the older person's own home to supplement self care, and community services to supplement completely independent living.

Menorah now has 420 beds, almost evenly divided between the *hospital* and the *home* aspects. The *hospital*, in addition to the usual facilities, features a physiotherapy and occupational therapy department, with the latter and the recreation department shared with the *home* residents. In addition, the just completed Golden Age Dwellings provide private rooms for over 70 aged individuals and couples who have access to all of the facilities and receive whatever institutional care and services they may need but still enjoy a maximum of individual privacy.

Since 1950, Menorah has operated an outpatient, nonsectarian Day Center, open to all men and women in the community who wish to enjoy the diverse activities planned and offered by the Home.

Last year, the Home pioneered with the establishment of the first licensed outpatient psychiatric clinic in New York State, perhaps in the country. The clinic, staffed by psychiatrists, clinical psychologists, psychiatric social workers,

(Continued on page 8, column 2)

The White House Conference—III

Plans and preparations for the January 1961 White House Conference on Aging under Public Law 85-908 (*Aging* 47, p. 1; 48, 1) are being accelerated at all levels. With the direct participation of Secretary Flemming and Under Secretary Adkins of HEW, and with the advice of other agencies, a number of proposals are being developed and actions carried forward at the Federal level.

On the last day of the 1958 session, the Congress appropriated \$100,000 to begin the administration of the provisions of the White House Conference on Aging Act. The need for a supplemental appropriation for the remainder of the fiscal year ending June 30, 1959, to permit uninterrupted continuation of the administration of the general provisions of the Act and to start making grants to the States, as provided in Section 202 of the Act, to assist the States in meeting the costs of necessary State and local preparations and the expenses of the States' delegations to the White House Conference itself, is under consideration.

It is hoped that the Advisory Committee, provided in Title III of the Act, will be named in January and convened for its first meeting in February. Secretary Flemming has stressed the importance of this Committee in the planning of the Conference and his desire to have its advice on all pertinent matters.

Early in December, the Secretary sent the following letter to the Governors of all of the States:

"Public Law 85-908 provides that the President shall call a White House Conference on Aging to be held in Washington, D. C., in January 1961.

"A copy of this Act, passed by the Second Session of the 85th Congress and approved by President Eisenhower on September 2, 1958, is enclosed.

"Under this Act, as Secretary of Health, Education, and Welfare, I am directed by the Congress to plan for the Conference with the cooperation of other appropriate Federal departments and the assistance of an Advisory

Committee to the White House Conference on Aging.

"The Act authorizes funds to assist the States in preparing for the White House Conference on Aging and in sending delegates to the National meeting. States may make applications for grants of not less than \$5,000 nor more than \$15,000.

"Although Congress has not yet appropriated funds for these grants, I am writing you now as it may be necessary for your State legislature to pass enabling legislation to permit use of such a Federal grant when it becomes available. Also, although no matching funds are required, you may wish to recommend additional appropriations by your State legislature.

"In line with the intent of Congress, it is the hope of the President and myself that the States will hold one or more State Conferences on Aging prior to the National gathering, and that the State meetings will be preceded or supplemented by community meetings. This Department and other appropriate Federal departments are ready to help in every way possible.

"I am sure you are in agreement with the objectives of the White House Conference on Aging, as set forth in the Act, that immediate action must be taken to improve and develop programs to better utilize the experiences and skills of our older people, to better circumstances for them, and to further research on aging."

A copy of this letter was also sent to the Governor-elect in those States which are inaugurating new Governors this month.

Health and Nutrition Course for Senior Citizens of Minneapolis

by Mrs. Irene H. Williams, Senior Services Consultant, Community Welfare Council of Hennepin County, 404 South Eighth Street, Minneapolis 4, Minnesota.

One of the first needs recognized by the Senior Services Project of the Community Welfare Council of Hennepin County (Minneapolis) was for better eating habits among older people, especially those living alone. Research in Minnesota's Fergus Falls State Hospital indicated that at least some senile deterioration was due to poor nutrition, along with feelings of loneliness and rejection.

The Health Committee, at its first meeting in December 1957, decided to explore the possibility of an educational program to meet this need. It established a subcommittee, composed of 10 nutritionists and home economists which studied the need, examined other programs, consulted senior citizens, and worked out a 4-week educational series which was presented in the spring of 1958.

The Minneapolis Gas Company cooperated in the program, providing an auditorium with kitchen facilities and 2 home service staff members to present the actual demonstrations.

The course was designed to meet the major needs described by the older people themselves: Economy, nutrition education, ease of preparation, small quantity recipes, and stimulation of appetite through attractiveness of the food and increased sociability. The special problems of widowers unused to cooking were kept in mind.

One meeting featured a buying guide showing how all the necessary food for one person could be purchased for \$5.03 a week, within the local Old-Age Assistance food budget.

Each of the 4 weekly sessions featured a lecture by a doctor, dietician, or budget specialist, plus a cooking demonstration. Carefully selected health materials were distributed. Brief presentations on recreational facilities, use of the library, etc., were fitted into the programs. At the end of the final session, "diplomas" were awarded to those who had attended at least 3 of the 4 sessions, and refreshments, donated by local businesses, were served. Benefits were extended through ample coverage by the *Minneapolis Morning Tribune* which carried a picture-story every week.

Registration was limited by seating capacity to 175, resulting in a waiting list of more than 20 people. A total of 177 men and women, ranging in age from 50 to "over 80", attended one or more sessions; of these, 118 attended at least 3 and received their "diplomas".

Evaluation forms were completed at the last meeting. All respondents said that the course was worthwhile, that they recommended repeating the course for others, and that they would be interested in attending similar courses on other subjects.

Because of this very favorable reaction and the large number of inquiries received thereafter, the Nutrition Committee repeated the series in October. Classes followed substantially the same pattern as the spring series with minor changes based on comments on the evaluation forms, such as the addition of a lecture on dental health and nutrition.

Reduced Movie Prices for Seniors

Arrangements by commercial motion picture theatre owners for reduced prices or free admissions for older persons have been in existence for some time. Many were effective only for special occasions or holiday seasons. Massachusetts pioneered in the establishment of a statewide arrangement on a continuing basis.

More recently, a number of cities in New York State have worked out permanent arrangements of different kinds.

Troy

Raymond Wheeler, Director of the Senior Citizens Center, 92 - 4th St., Troy, N. Y., worked out a program with the managers of the local motion picture theatres which provides approximately 100 completely free admissions each month for members of the Center. The project, in operation more than a year, originally provided free tickets for matinee and night shows but experience showed that the Seniors preferred

the matinee performance.

Albany

The more recent program developed in Albany was worked out with 3 theatres. They charge senior citizens a reduced admission price of 40¢ for all matinees and for Monday and Tuesday evening performances. The reduced price is available to seniors who present a special admission card which is distributed by local service organizations. These organizations issue cards to all retired persons.

New York City

The newest program is that in New York City, which became effective on Oct. 15. Announced by Robert Peterson, who conducts the "Life Begins at Forty" column for the *New York Journal-American*, the project represents the joint effort of the owners of 200 neighborhood theatres who are members of the Metropolitan Motion Picture Theatres Association, Inc., and of the Independent Theatre Owners Association.

Under this plan, persons 60 years of age or over may register with the manager of the nearest cooperating theatre (identified by a special plaque). Registration consists of completion of a simple form giving name, address, and date of birth. The manager then issues a membership card in the "Golden Age Movie Club" which permits the named member to purchase a ticket for any performance in any of the cooperating theatres at approximately half of the regular box office price.

In addition, each year the theatre owners will mail to each of the "movie club" members an invitation to attend a performance on their birthday free of charge.

A list of the cooperating theatres in the New York Metropolitan area may be obtained by sending a stamped, self-addressed envelope to Life Begins at Forty, New York Journal-American, 220 South St., New York 5, N. Y.

Federal-State Committee Meets—II

[Ed. Note: This is the second half of a report on the September 30, 1958, meeting of the Joint Committee on Aging of the Council of State Governments and the Federal Council on Aging, established on the recommendation of the 1956 Federal-State Conference on Aging. Part I (*Aging* 49, p. 1) described the history, membership, and functions of the Joint Committee and reported its recommendations on agenda item 1, The White House Conference on Aging.]

2. Housing and Home Care

The Joint Committee discussed the need for a definitive study of the number of older people who need housing in each of a range of types of facilities for: Complete self care at home; partial

self care at home with some home services; group housing with some central services and possibly limited custodial care; nursing care; and chronic disease hospital care. Such study should also investigate the actual physical and financial requirements within each type of facility and describe the kinds of possible facilities and services that might provide effective solutions within each type. A subcommittee was appointed to outline the scope, objectives, and general plan of such a study and to examine the possibility of interesting foundations and universities in undertaking it to provide essential material for the 1961 White House Conference on Aging.

3. Strengthening Technical Assistance to the States and Standards for State Programs in Aging

Discussion turned on technical assistance to the States provided by Federal agencies and the limitations resulting from lack of staff, the possibility of more complete reporting by State agencies and the problems involved, the provision of leadership and the solution of organizational problems within the State, and the provision of special, national clearinghouse functions. A subcommittee was appointed to examine the possibility of joint development of a series of guides, checklists, or schedules which a State could use to determine whether it was keeping abreast of developments and to make a general evaluation of its own programs.

4. Medical Care Needs of the Aging

After some discussion of the types of medical care needs, the costs of meeting such needs, and some of the proposals already advanced, the Committee agreed to postpone action pending the completion of the special report on this subject being prepared by D/HEW at the request of the House Ways and Means Committee. In connection with a related discussion of legislation that hampers payment of medical care costs for treatment of Old-Age Assistance recipients by State hospitals, the Committee has asked the Social Security Administration to prepare a statement on Old-Age Assistance laws and regulations as they apply to care in county and State homes and mental and tuberculosis hospitals.

5. Senior Citizens Week

The discussion covered the pros and cons of a federally sponsored Senior Citizens Week, the presentation of achievement awards, necessary legislative action, etc. The Committee recommended proclamation of a Senior Citizens Week and implementation through provision of guides, kits of materials, and plans to assist States and communities.

(Continued on page 8, column 1)

Aging

Issued Monthly by the
SPECIAL STAFF ON AGING
U. S. DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE

Arthur S. Flemming, Secretary

No. 51—January 1959

Aging is a medium for sharing information about programs, activities, and publications among interested individuals, agencies, and organizations in the field. Communications and items for publication should be sent to *The Editors of Aging*, Special Staff on Aging, Department of Health, Education, and Welfare, Washington 25, D. C.

Subscription, \$1.00 a year (12 issues), 50¢ additional for foreign mailing; 10¢ a single copy. Send to the Superintendent of Documents, U. S. Government Printing Office, Washington 25, D. C.

Use of funds for printing this publication has been approved by the Director of the Bureau of the Budget, August 22, 1957.

News of State Commissions

A report on one of the research projects sponsored by the *Kentucky Citizen's Advisory Commission on Aging* (*Aging* 49, p. 4) has been issued. Entitled *The Anxieties of the Aging*, the report covers an exploratory investigation of the ways older people view their personal and social environments and the important determinants of anxiety that are characteristic of these environments so as to provide practical information on which to base community-level programs for the psychological and social welfare of the aging. The 96-page report (plus interview schedule and tables of results) stresses methodology and is being used to determine areas of further research and analysis. Single copies are available free from Dr. Russell Teague, Commissioner, Department of Health, 620 S. 3rd St., Louisville, Ky.

Many organizations have sponsored special sales of the handwork of elder craftsmen, some local ones on a permanent basis. But the *Massachusetts Council for the Aging* chalked up another first for its State by sponsoring a statewide sale in the State House during the September Senior Citizens Week. The primary purpose was to focus public attention on the ability of older

persons to serve themselves and their communities and, incidentally, to provide a source of some income to the senior craftsman. The Council hopes, too, that the sale demonstrated the practical value of a permanent commercial outlet on a competitive basis and is encouraging the establishment of such community projects to not only afford welcome additions to small incomes but also to give the older persons feelings of accomplishment, independence, and social participation. The sale was organized by the Council's Field Representative, Sylvia Bushnell, Room 27, State House, Boston 33, Mass.

The *North Carolina Coordinating Committee on Aging* (Raleigh, N. C.) reports that its July 1958 Senior Citizens Week was extremely successful in arousing awareness and inspiring new or expanded activities. Among the important activities during the week were: Proclamation and news story by the Governor; proclamations by the mayors of the six largest cities; 10 radio and TV programs; release of five general and special news stories; stories in 14 newspapers and periodicals; open house at 9 homes and nursing homes; and a variety of letters and publications sent to various groups. In addition, the members of the Committee addressed local meetings throughout the State.

The *Indiana State Commission on the Aging and Aged*, 3516 Central Ave., Indianapolis 5, Ind., is reprinting its useful 1957 booklet, *Public Hearings on Community Organization to Meet the Needs of Older People*, which should be of special interest to community groups planning their activities leading to the 1961 White House Conference on Aging. Write to Secretary Morton Leeds to reserve a copy.

Conferences

The University of Michigan's *12th Annual Conference on Aging* will be held June 22-24 at Ann Arbor. This year's Conference theme is "Designs for Retirement" and will be covered in 5 major sections: Retirement health, retirement housing, retirement financing, preparation for retirement, and use of time after retirement. For details: Dr. Wilma Donahue, Institute of Gerontology, 1510 Rackham Bldg., Ann Arbor, Mich.

New Jersey's Governor Meyner has called a statewide *Conference on Aging* for April 16 at the War Memorial Building in Trenton. Centered on the theme, "The Senior Citizen in the Community", the Conference will explore methods of joint action at the community level to meet the needs of senior citizens, with special reference to economic planning, housing, social attitudes, and

trends in medical and institutional care with emphasis on prevention and rehabilitation. For further information, contact Mrs. Eone Harger, Director, Division of Aging, State House, Trenton 25, N. J.

The Way the Wind Blows

Social Security Administration's Bureau of Public Assistance held a series of meetings in September and October with its Regional Representatives and the State Welfare and Public Assistance Directors on the implications and implementation of the 1958 amendments (see *Aging* 48, p. 4). In addition to the new Federal matching formula, which provides for matching on an average and a variable basis, the effect on Old-Age Assistance of both the increase in Old-Age and Survivors Insurance payments and the new provisions on Disability Insurance were discussed. Plans are also being made for the introduction of public assistance programs in Guam, which, under the 1958 amendments, becomes the 54th jurisdiction in this Federal-State program.

The change in the matching formula also affects the maximum Old-Age Assistance payments made by the States. The 22 States that have specific individual payment maximums written into their laws (in 7 the amount is less than \$65 per month) may wish to consider the implication of the fact that the maximum for Federal matching is now a \$65 average. Also, there may be some question of the meaning of the phrase, "same as Federal matching maximum", now in the law in 5 States, since the Federal maximum no longer applies to individual payments.

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The Senior Citizens Center, 210 S. Main St., Dayton 2, Ohio, joined the Dayton Area Chamber of Commerce's *Pedestrian Safety Week* campaign in November by holding two special sessions for older persons at the Center during the week. The sessions were devoted to talks by the City Commissioners and representatives of the police and to the showing of a special movie. Traffic records in Dayton show that pedestrian fatalities were largest among children under 11 and adults over 50.

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The United Automobile Workers Recreation Department, 8000 E. Jefferson Ave., Detroit 14, Mich., introduced a new feature in the November 1958 issue of its program calendar for the month for the 3 UAW Retired Workers Centers in the Detroit area. For the benefit of the retired workers whose English is weak, the calendar is presented in English and Polish. From time to time, the calendar will also appear in German, Italian, Flemish, and other languages which the Center Directors will recommend.

The Ford Foundation, 477 Madison Ave., New York 22, N. Y., has made a grant of \$350,000 to finance a University of Michigan study concerned with certain aspects of the health of the aged. The study will be conducted by the University's Bureau of Health Economics (Ann Arbor, Mich.) with the assistance of authorities in economics, sociology, social work, and public health from other divisions of the University. Among other things, the study will explore the relationships between ill health in the aged and their attitudes, geographic location, cultural background, and former employment, and will analyze current private and public insurance programs that provide health care for the aged.

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Students at *Florida State University's School of Social Welfare* will receive firsthand experience in dealing with geriatric problems, centered on the adjustment of the older person whose problems involve home and institutional care, under a new program which uses the *Douglas Gardens Jewish Home for the Aged* in Miami as a training unit. The unit will have full access to the medical, psychiatric, physical therapy, and group work services of the Home, and is a step in the direction of training specialists in social services for the older client. The Home's Executive Director, Maurice Pearlstein, and the Associate Professor of Social Work at FSU (Tallahassee), Dr. David Levine, will direct the program.

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Aware that the accident rate while bathing is particularly high among older people and that this is a source of fear among some of their members, the *Philadelphia Center for Older People* (921 N. 6th St.) has opened its tub and shower facilities to the use of older persons. A staff member is always in attendance nearby to provide help if needed. Towels, wash cloths, and soap are also available. If you write for more information, be sure to ask for a copy of their interesting, useful, and imaginative *Newsletter*.

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A preliminary study by the *New York State Commission Against Discrimination* reports that spot checks show a drop in discriminatory age specifications by employers since the age provisions of the State law (*Aging* 45, p. 2) went into effect July 1, 1958. The report also shows the State's Employment Service led the nation in 1958 with 29% of its placements being workers 45 or over as compared with 21% in 1953; New York City led the State with 31% as compared with 21% for the rest of the State. During August 1958, only 352 of the 120,524 job openings listed by employers with the State Employment Service contained age specifications.

Retired workers drawing Old-Age and Survivors Insurance benefits were receiving an average of \$22.60 per month in December 1940 as compared with an average of \$66.17 for those who were on the rolls in September 1958. Translated into purchasing power by adjusting for the rise in prices as measured by the Labor Department's Consumer Price Index, the December 1940 average benefit was worth \$46.41 in 1958 dollars as compared with \$66.17 last September. For aged widows, the December 1940 average is \$20.28 per month (\$41.64 in 1958 dollars) as compared with \$51.56 in June 1958. As may be expected, while the average benefit payments increased in purchasing power over the whole period, there were drops in the years preceding the 1950, 1952, and 1954 amendments to the Social Security Act which were designed to raise the benefit levels. The use of averages tends to hide the improvement for the more recently retired persons—for example, while the average monthly payment to retired workers on the rolls in September 1958 was \$66.17, the average for newly retired workers in that month was \$75.92.

Recipients of Old-Age Assistance payments averaged \$20.26 per month in December 1940 (\$41.60 in 1958 dollars) and \$61.79 in September 1958. Public assistance payments fluctuated less in purchasing power than the insurance payments because the different States have tended to adjust payments to reflect rising prices and improved assistance standards.

Both insurance and assistance beneficiaries have shared to some extent with active workers in the long-run, rising productivity of the national economy. Real per capita disposable personal income increased by slightly more than 50% between 1940 and the summer of 1958. Under the Old-Age and Survivors Insurance program, the purchasing power of the average benefit went up 43% for the retired worker and 24% for the aged widow. Under the Old-Age Assistance program, the average payment increased 49% in purchasing power.

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When Thomas F. Nash, Manager of the Social Security District Office in Sedalia, Mo., was named Chairman of the Men's Division of the Sedalia, Pettis County, United Fund Drive, he decided to put into practice the concept that community service is a rewarding and particularly appropriate activity for retired persons. He named as captain of one of the teams a retired postal inspector, who, in turn, recruited six retired men for his team. Of the 13 teams that conducted the drive, the team of retirees had the most outstanding record of success. Both the United Fund and the men themselves profited from the experience.

As described in "Colorado's Assistance to the Aged" (*Aging* 49, p. 3), the Department of Public Welfare is authorized to increase the minimum Old-Age Assistance award whenever it finds that the cost of living has risen significantly. On the basis of such a finding, the Department has increased the minimum from \$100 to \$105, effective October 1958.

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The District of Columbia's publicly-operated home for the aged, *D. C. Village*, has inaugurated a work project for 20 of its residents, most of whom are in wheel chairs, or blind, or undergoing rehabilitation. They are packaging rice for the D. C. Department of Public Welfare's surplus food distribution program. Director James Burr reports that the opportunity to perform a community service seems to be a more important motivation than the much-needed earnings. Employment is expected to expand to 60 or 70. Address: Nichols Ave., S. W., Washington, D. C.

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The *Providence (R. I.) Housing Authority* has purchased land next to its Chad Brown Homes project and has begun construction of the city's first public housing apartments for elderly persons. The building, to be completed this summer, will contain 32 apartments for single elderly persons and 4 for couples. To be eligible, persons must be 65 or over and have annual incomes not exceeding \$2800. The Housing Authority's Executive Director, Joseph H. Lyons, reports that there are already considerably more eligible older persons on the waiting list than can be accommodated in the 36 units under construction.

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Some 55 agencies in the Washington (D. C.) Metropolitan Area sent representatives to an organizational meeting of the new *Health and Welfare Council Aging Conference* in October 1958. The Conference established the outlines of an area-wide program and agreed to work together through forums, workshops, and other techniques for sharing information and experiences. A primary aim will be to increase the community's awareness of the problems in order to spark the development of more adequate services and facilities for the elderly. For more information: Isadore Seeman, Executive Director, Health and Welfare Council, 1101 M St., N. W., Washington, D. C.

Books, Pamphlets, and Reports

Fun for the Not-So-Young by Sid G. Hedges. New York: Philosophical Library. 142 pp. \$3.75. An intensive analysis and presentation of games, activities, hobbies, services, etc., to enrich the lives of the not-so-youngs, either alone or in groups.

The October 1958 issue of *Chronic Illness Newsletter* (bimonthly of the AMA Council on Medical Service) is devoted to three very important articles. The first reports on the September AMA Planning Conference on Medical Society Activity in the Field of Aging which developed the outlines of the future AMA local and national program in aging (to be reported in a future issue of *Aging*). The second discusses the report of the American Hospital Association's August Conference on Care of Patients with Long-Term Illness. The third describes in detail a new, diversified project under construction—a complete retirement village on the outskirts of Hastings, Nebraska, sponsored by the Good Samaritan Society (Lutheran). For a free copy of the *Newsletter*, write to the Council at AMA headquarters, 535 N. Dearborn St., Chicago 10, Ill.

★

Relationships Within Three-Generation Families, a 42-page research report by William M. Smith, Jr., Joseph H. Britton, and Jean O. Britton, based on interviews with a sample of families and on an analysis of previous studies. Single copies free from the authors, College of Home Economics, Pennsylvania State University, University Park, Pa.

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The National Association of Housing and Redevelopment Officials' *Journal of Housing* for October 1958 is a special "For The Aged" issue in 4 sections: Overseas experience, State efforts, federally aided low-rent housing, and private money. Subscriptions are available from the Association (1313 E. 60th St., Chicago 37, Ill.) at \$5 a year, \$1 for the special issue. Quantity purchases of the special issue are subject to these discounts: 10-49 copies, 20%; 50-99 copies, 30%; 100 or more, 40%. The Association still has copies at \$1 of *Toward Good Housing for the Aged*, a 40-page booklet of articles reprinted from issues of the *Journal*, 1946-56, that deal both with the physical aspects of housing and with the provision of recreation and community services.

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Searchlight on Our Future is the report of the Northwestern Regional Conference on Aging of the National Committee on the Aging, held last summer in Portland, Oregon. Free copies are available from the Committee, National Social Welfare Assembly, 345 E. 46th St., New York 17, N. Y. A report on the Committee's Southwestern Regional Conference, held in Houston, Texas, in October, is in preparation. As *Aging* goes to press, HEW Under Secretary Bertha Adkins is scheduled to speak on "The Significance of the White House Conference on Aging" at the National Committee's annual meeting, Dec. 10-11, in New York City.

The National Dairy Council, 111 N. Canal St., Chicago 6, Ill., has a new and colorful 7" x 11" bulletin board poster explaining a simplified *Guide to Good Eating* that involves four food groupings: Dairy foods, meat group, vegetables and fruits, and breads and cereals. Text on the back explains this new guide in detail. For free copies, write to Nancy Carter at the Council.

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The November 1958 *Industrial Nurses Journal* (American Association of Industrial Nurses, 170 E. 61st St., New York 21, N. Y.; \$4 a year, 40¢ a copy) features special articles on the theme, "When We Retire", including: "Retirement and the Industrial Nurse", "The Older Worker", "The Golden Years", "Plan for Personal Learning", "The Health Unit and the Retiree".

★

Summer is Ageless by Georgene Bowen. National Recreation Association, 8 W. 8th St., New York 11, N. Y. 32 pp. \$1. Illustrated descriptions and how-to-do-it on in-town and camping activities for the aged during the summer when many regular activities slacken and the younger people in the community are off on vacations.

★

"Science Versus Old Age" is the theme for most of the October 1958 issue of *The UNESCO Courier*, which features a long, intensive, international examination in "A Scientist Looks at Problems of Aging" by Prof. R. E. Tunbridge (England). Other articles include "Denmark's City Called 'Gamles By'", "Old Doc' Cummins", "Clubs Instead of Old Age Homes (Israel)", and "Man's Lifespan: A Round Century (Soviet Union)". For sale by UNESCO Publications Center, 801 Third Ave., New York 22, N. Y., \$3 a year, 30¢ a copy.

★

"Social Security Amendments of 1958: A Summary and Legislative History", "Old-Age, Survivors, and Disability Insurance: Financing Basis and Policy Under the 1958 Amendments", and "Social Welfare Expenditures in the United States, 1956-57" in *Social Security Bulletin* for October 1958. For sale (\$2.75 a year, 25¢ a copy) by Govt. Print. Off., Washington 25, D. C.

★

"Aberrant Types of Migraine Seen in Later Life", "Displaced Persons—The Elderly Patient in a Large Mental Hospital", "An Index of Adjustment to Life in Later Maturity", "Sociomedical Investigations of Housing for the Aged", "Jobs at 80", "Translating Research into Action", "The Emotions of an Aging Man", "Old Age Looks at Itself", and "Why Does an Old Person Fail in Health?" (last four are editorials), in *Geriatrics*, October 1958. \$8 a year, 75¢ a copy, from 84 S. 10th St., Minneapolis 3, Minn.

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The Care of the Geriatric Patient, edited by E. V. Cowdry. St. Louis: The C. V. Mosby Co., 1958. \$8. Addressed primarily to the physician, the book presents a compendium of the latest techniques and research results on the treatment of the geriatric patient as a whole person. In addition to the chapters on medical, psychological, nutritional, nursing, etc., aspects, special chapters are provided on homes, nursing homes, home care, rehabilitation, and community organizations and services for older people. This last chapter was prepared by Clark Tibbitts and Louis Ravin of the Special Staff on Aging.

★
Regional Institutional Services for the Jewish Aged. Council of Jewish Federations and Welfare Funds, 729 Seventh Ave., New York 19, N. Y. 15¢. A detailed 8-page report on the concept, problems, costs, mechanics, and illustrations of a method of providing needed services on a regional basis for surrounding small communities. (See also *Extension Program of a Regional Home for the Aged* noted in *Aging* 50, p. 12.)

★
Informal Educational Opportunities for Older People in the Philadelphia Area: A Guide for Program Planners presents a complete directory and detailed description of educational opportunities and program resources which can be used to enrich leisure time programs, and can serve as an exciting model for other communities. For further information: Education-Recreation Division, Health & Welfare Council, 1617 Pennsylvania Blvd., Philadelphia 3, Pa.

(Committee—continued from page 3)

6. Funds for Rehabilitation of Older Persons

The discussion centered on the relation between strictly vocational rehabilitation and rehabilitation for self care, and on the lack of funds and resources for the latter both in the States and in the form of Federal grants. The question was placed on the agenda for the next meeting, tentatively scheduled for February 27th subject to later confirmation.

The Mutual Benefit Life Insurance Co. has reprinted its fine 57-page booklet on preparing for retirement, *Begin Now to Enjoy Tomorrow*. Single copies are free from the company's Public Relations Dept., 520 Broad St., Newark 1, N. J.

★
Cleveland's model Montefiore Home has taken the occasion of the opening of new facilities to issue an interesting brochure, *The New Look of the Montefiore Home in 1958*, which analyzes the present and prospective services to be offered and includes a detailed report on its operations and patients during the 1957-58 fiscal year. Free copies are available from the Home's Executive Director, Julius Weil, 3151 Mayfield Rd., Cleveland Heights 18, Ohio.

(Menorah—continued from page 1)

and nurses, started with a capacity of 50 patients but hopes to double that capacity this year in connection with a move to separate quarters at 13 Harmon St., a 2-story building to the rear of the Home. Persons over 60 who reside in the community are eligible for treatment in this *Geriatric Guidance Clinic*, free of charge.

Constituted as a research and demonstration project, the clinic seeks to provide mental health assistance to the aged and to ward off senility by helping them to meet their psychological problems and to adjust to their own environment. A special study of the operation of the clinic thus far is under preparation and will, it is hoped, provide the inspiration and the know-how for the spread of such projects in other places.

The Home's Directors are working on plans for the introduction, during this year, of an outpatient physiotherapy clinic and a meals-on-wheels program to broaden services to nonresidents in the community.

If you write to *Administrator* Millie Felder or *Associate Administrator* Max Wiseman for further information, be sure to ask for the brochure that describes the whole program in index form with special descriptions of the purpose, capacity, and operation of each department.